



Maternal Child Health

Community Memorial Health System

Breastfeeding Supplies & Support

Mother's milk is the best nutrition for babies. To help make nursing successful, we offer expert lactation care services, supplies and support. Our program is provided by registered nurses who are international board-certified lactation consultants. We offer individualized consultations to assess you and your baby's feeding style and to provide education and support.

Breastfeeding Boutique on-site at the New Parent Resource Center

- Breast Pump Sales
- Breast Pump Rental
- Nursing Bras
- Breast Pump Kits
- Breastfeeding Supplies





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We are Here to Help You

Breastfeeding comes naturally for some but not for all. Guidance, support or simple reassurance can make all the difference. We offer private consultations by appointment. Please call for questions or support or if you experience:

- Problems with baby's latch
- Low milk supply
- Slow weight gain
- Nipple or breast pain
- Any other concerns

Private consultation fees: No cost if delivered at CMH for your baby's first year of life. (\$50 if delivered elsewhere.)

Breastfeeding Support Group

Research shows that women breastfeed longer when they have group support and we offer this support. Led by a registered nurse and certified lactation counselor, you may ask questions, share advice, or just listen, in a relaxed and welcome environment. The group is a drop-in format and is free of charge. Groups meet twice a week at the New Parent Resource Center. Bilingual group meets on Wednesdays and the English speaking group on Thursdays. Please call or check the website for specific times and days.



New Parent Resource Center
2580 E. Main St., Suite 101, Ventura

Parking on San Nicholas St.

We accept credit/debit cards, checks or cash.



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