



Support for People with Oral and Head and Neck Cancer, Inc. (SPOHNC), a patient-directed self-help organization, was founded in 1991 by an oral cancer survivor. It is a non-profit organization dedicated to meeting the emotional, physical and humanistic needs of oral and head and neck cancer patients and their caregivers. Community Memorial Hospital and the American Cancer Society have partnered to provide the SPOHNC Ventura support group.

When: Fourth Thursday of each month

Time: 6:00 PM

**Community Memorial Hospital
Cancer Resource Center
2900 Loma Vista Road, Suite 105, Ventura, CA 93003**

**ON THE CORNER OF LOMA VISTA AND BRENT
PLEASE USE THE BRENT STREET ENTRANCE**

SPOHNC – VENTURA, CA

SPOHNC chapters hold monthly meetings offering information, support and encouragement to newly diagnosed patients, survivors, family members and friends in a friendly and non-threatening forum. Survivors discuss their situations, experiences, coping strategies and hopes. Educational presentations are also part of the SPOHNC program.

For information, please contact Kathleen Horton, RTT, CTR
805-652-5459 or khorton@cmhhealth.org

