

# Healing in America

## Guided Meditation & Energy Balancing



**Community Memorial Hospital**  
Cancer Resource Center  
**120 North Ashwood Avenue**  
Ventura 93003

Monday 1<sup>st</sup> February

12.00 pm until 1.15 pm

**This Guided Meditation is especially designed for those people recovering from cancer, and their care givers, helping you to escape from the stress and strains of life and discover an inner world of calm, peace & joy.**

**At the end of the guided meditation, a healing circle will take place in which energy healing will be given to each of you by several trained local healers.**

For more details call:

Roger or Kim (805) 640 0211

Or

Kathleen Horton, CTR  
805 652 5459

**"Each one of us has the ability to heal ourselves – and others. That gift, which is often dormant, can be awakened and used to transform our lives, and those around us, into something remarkable."**

**THERE IS NO CHARGE FOR THIS EVENT**

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[www.healinginamerica.com](http://www.healinginamerica.com)