



Head & Neck Cancer Support Group

NOW VIRTUAL! Support for People with Oral and Head and Neck Cancer S • P • O • H • N • C

When: Fourth Thursday of each month

Time: 6:00 pm to 7:30 pm

Platform: Zoom—Call the center for instructions to sign up for this group

Support for People with Oral and Head and Neck Cancer, Inc. (SPOHNC), a patient-directed self-help organization was founded in 1991 by an oral cancer survivor. It is a non-profit organization dedicated to meeting the emotional, physical and humanistic needs of oral and head and neck cancer patients and their caregivers. Community Memorial Hospital provides the SPOHNC Ventura support group.

SPOHNC chapters hold monthly meetings offering information, support and encouragement to newly diagnosed patients, survivors, family members and friends in a friendly and non-threatening forum. Survivors discuss their situations, experiences, coping strategies and hopes.

For more information call (805) 948-5459

Cancer
Resource Center

 Community Memorial Health System